

Healthy Eating for Healthy Weight				
	Action	Responsibility	Time frame	Progress Feb 2017
1	Public Health England (PHE) South East Obesity, Healthy Eating Network and Physical Activity Network to explore the offer a workshop of how to implement the nutrition framework of the Government Buying Standards for Food (GBSF) to District Councils and Leisure providers in Oxfordshire.	PHE and Districts	Summer/Autumn 2016 Spring/Summer 2017	<b>PHE SE has submitted a proposal to PHE national on how best to support this work across the South East.</b>
2	Learn from other Local Authority's to develop a coordinated approach to introduce GBSF 'healthier vending' standards into Council buildings, Leisure centres, schools and community buildings. This should include consistent communications/campaign strategies across venues.	PHE and Healthy Eating Network	Summer/Autumn 2016  Ongoing work	<b>Leisure centres taking up offer and some changes have been made to products. Changes are dependent on contract length and specifications with vending provider.</b>
3	Explore cooking courses for adults utilising community based assets such as community centres, primary schools and leisure centres. Target in areas of deprivation where levels of obesity are highest. Work with local supermarkets to provide food for cooking groups in community venues.	Healthy Eating Network	Autumn 2016  Due Spring 2017	<b>Good Food Oxford developing a healthy cooking framework for local community groups to use.</b>
4	Adopt national PHE campaigns to work alongside the above actions. For example; One You – making a campaign relevant to individuals Eat well Plate – in local settings  Use the opportunity to educate local populations about how long it takes to see a change/establish a maintained behaviour change.	All Partners	On-going 2016	<b>National campaign materials have been disseminated to leisure centres and adopted by some. PHE One You campaign on physical activity due to be launched in Sprint 2017. Public Health engaging in PHE campaigns social media</b>

Environment and Healthy Weight				
	Action	Responsibility	Time frame	Progress
1	<p>Partners to engage with and comment on relevant Local Plans, Neighbourhood Plans and planning applications via district websites and through engagement with district planning teams (links below):</p> <p><a href="http://www.cherwell.gov.uk/planning">http://www.cherwell.gov.uk/planning</a>  <a href="https://www.oxford.gov.uk/info/20000/planning">https://www.oxford.gov.uk/info/20000/planning</a>  <a href="http://www.southoxon.gov.uk/services-and-advice/planning-and-building">http://www.southoxon.gov.uk/services-and-advice/planning-and-building</a>  <a href="http://www.whitehorsedc.gov.uk/services-and-advice/planning-and-building">http://www.whitehorsedc.gov.uk/services-and-advice/planning-and-building</a>  <a href="http://www.westoxon.gov.uk/residents/planning-building/">http://www.westoxon.gov.uk/residents/planning-building/</a></p> <p>Refer to the Town Country Planning Association (TCPA) Healthy Weight Checklist (summary on p12&amp;13) <a href="http://www.tcpa.org.uk/pages/planning-out-obesity-2014.html">http://www.tcpa.org.uk/pages/planning-out-obesity-2014.html</a>, the Oxfordshire JSNA <a href="http://insight.oxfordshire.gov.uk/cms/joint-strategic-needs-assessment">http://insight.oxfordshire.gov.uk/cms/joint-strategic-needs-assessment</a> and the County Council 'Neighbourhood Planning Toolkit'. <a href="https://www.oxfordshire.gov.uk/cms/content/neighbourhood-planning-toolkit">https://www.oxfordshire.gov.uk/cms/content/neighbourhood-planning-toolkit</a> as a source of information and guidance.</p>	All Partners	Ongoing	<p>Public Health facilitated a Planning and Health learning event for the first time on 28th November 2016 which brought together a range of partners including public health, transport and planning within Oxfordshire County Council, District Councils, OCCG, Oxford Brookes University and Age UK Oxfordshire to learn together about the opportunities to improve health through the built environment. The event was opened by Cllr Hibbert-Biles and included PHE, the TCPA and Adrian Davis, as well as speakers from the two Healthy New Towns.</p> <p>Other partners who were involved in the original healthy weight workshop and/or the learning event may have further updates to make on their engagement with planning processes.</p>

2	Partners to identify opportunities to encourage building activity into everyday life e.g. encouraging active travel on websites and meeting invites, walking meetings, design of new buildings/towns to encourage health e.g. positioning of stairs.	All partners	On-going	<p>Public Health have been contributing to/consulted on the development of the Oxfordshire County Council cycling and walking design guides and the Oxfordshire Infrastructure Strategy.</p> <p>The Oxfordshire County Council (Communities) lead active and healthy travel steering group continues to meet and includes representation from Public Health, district councils and cycling/walking promotion groups etc.</p>
3	Partners to continue working on the NHS Healthy New Towns programme for Bicester and Barton Park. Learn from these projects and upscale to other new developments.	NHS Healthy New Towns Partnerships	On-going	Partners continue to work together within the NHS Healthy New Towns (HNT) programmes. The next stage of the programme will be a gateway process where HNTs will go through a selection process to receive further funding. Part of this process included a challenge event in December in London (with the NHS, TCPA, PHE) and the production of a project logic model and delivery plan with investable propositions. The outcome of this should be known before the end of March 2017.

<b>Schools and Healthy Weight</b>				
	<b>Action</b>	<b>Responsibility</b>	<b>Time frame</b>	<b>Progress</b>
1	Children & Young People Physical Activity Plan to be developed. To include increasing physical activity in the most inactive young people.	Oxfordshire Sport and Physical Activity	2016/2017	<b>Update being provided at HIB meeting 23<sup>rd</sup> February 2017</b>
2	School Health Nursing Service to include healthy eating initiatives in School Health Improvement Plans (SHIPs) and explore opportunities with the school according to population need.	Oxford Health NHS Foundation Trust	Academic year 2016/2017	<b>All secondary schools and College's of Further Education have SHIPs</b>
3	Explore with schools their experience of catering contracts, spending pupil premium and how they promote and share good practice with relation to healthy eating and physical activity.	Healthy Eating Network and Oxfordshire Sport and Physical Activity	Academic year 2016/2017	<b>Identifying key personnel to take work forward</b>

Workplaces for Healthy Weight				
	Action	Responsibility	Time frame	Progress
1	Utilise workplaces to adopt national and local Public Health campaigns around healthy weight issues.	Workplace wellbeing network	On-going	<p><b>Core network membership established</b></p> <p><b>Wider membership developing via virtual group (Linkedin)</b></p>
2	Encourage workplaces to sign up to the Workplace Wellbeing Charter – a free, national framework for workplaces to self-assess against demonstrating commitment to employee health.	Workplace wellbeing network	Summer 2016	As above
3	Influence workplaces to sign up to Government Buying Standards for Food (GBSF) to adhere to nutrition and vending guidelines providing a standardised approach across the County as far as possible.	Workplace wellbeing network	Summer/Autumn 2017	As above
4	Scale up existing resources and initiatives to be advertised and delivered in workplaces	Workplace wellbeing network Service providers	On-going	As above
5	Make offers to small and medium-sized enterprises similar to those of larger business (e.g. corporate membership discounts at gyms)	Leisure Providers and Districts		As above
6	Encourage workplaces to have wellbeing champions. Demonstrate evidence of best practice via the network	OxSPA Workplaces & network	On-going	As above

7	Workplaces to encourage healthy weight behaviours; Walking meetings Healthy snacks Walking lunch breaks Social eating (not at desks) Inter-company competitions Organisational support for staff to attend health related benefits Cycle storage, showers	Workplace wellbeing network Businesses Workplaces Senior management HR	On-going	<b>Event held November 2016 in collaboration with Oxford Academic Health Science Network with 100+ delegates from Oxfordshire businesses</b>
---	--	---	----------	--